

CENTRAL YORKSHIRE SCOUT COUNTY

RISK ASSESSMENT FOR RESIDENTIAL VISITS

CYCLING/MOUNTAIN BIKING

NAME OF DISTRICT/GROUP:

NAME OF PERSON COMPLETING RISK ASSESSMENT/UPDATE:

DATE OF RISK ASSESSMENT/UPDATE:

The aim of a generic risk assessment is to provide general information on the type of hazards adults and young members (as well as others who may be involved) are exposed to.

The list given is by no means an exhaustive one. Hazards which are not listed but are specific to your visit should be recorded on the blank assessment form.

Hazard Observed	Risks Before Control Measures Implemented	Control Measures	Risk Rating if Controls Implemented	Control Measures to be implemented and by whom (name and date)
<p>Injury due to unsafe bike/unsafe rider</p> <p>Collision with other riders/traffic</p> <p>Unsuitable terrain, steep descents</p> <p>Inappropriate/no protective equipment</p> <p>Pupils riding too fast/slow</p> <p>Punctures</p> <p>Adverse weather conditions</p>	Substantial	<p>Obtain cycles from a reputable supplier/hire company and ensure they have been maintained appropriately. If cycles are adult/young persons own then they must be inspected.</p> <p>Check cycles before use to ensure they are in a safe condition. Check brakes/gears work. Saddles, wheels and handlebars are all secure.</p> <p>Ensure cycles are of an appropriate size for the young members and saddle/handlebars are correctly adjusted.</p> <p>Ensure all in the party are competent cyclists.</p> <p>All cyclists must wear safety helmets and these should be checked to ensure correct fit with no visible defects.</p> <p>Cyclists should wear appropriate clothing to suit area and weather conditions – long sleeved shirts and trousers may be considered. Other protection may include high factor sun cream where necessary.</p> <p>Local knowledge of route to be sought prior to setting off. Route to be appropriate to age and ability of the group. Route should be ridden by group leader prior to trip. Supervision levels to be appropriate with size and competence of group and dangers associated with route, with one supervisor at the front of the group to control speed and one supervisor at rear to avoid stragglers. Other supervisors to be spread throughout</p>	Moderate	

Hazard Observed	Risks Before Control Measures Implemented	Control Measures	Risk Rating if Controls Implemented	Control Measures to be implemented and by whom (name and date)
		<p>group as appropriate.</p> <p>Avoid riding on public highways if at all possible. If public highways to be used, even for short stretches, they should be appropriate, ie, not busy main roads and consideration should be given to wearing high visibility vests. Any riding on public highways should be in single file. Young members to be assessed as competent in this type of environment prior to trip taking place.</p> <p>All crossings of public highways to be under the control of a supervisor.</p> <p>Steep descents to be strictly controlled by supervisors and young people/adults should dismount if necessary.</p> <p>Appropriate first aid kit and fluids to be carried along with suitable cycle tools (eg, puncture repair kit) which may be carried by a group leader competent to change wheels and repair inner tubes.</p> <p>A means of raising the alarm in an emergency to be established. (If reliant on mobile phone, ensure network coverage in area to be visited).</p> <p>All adults should be physically fit enough to take part in the activity and have sufficient experience and competence to lead the activity.</p> <p>No cycling to be carried out within the hours of darkness.</p>		

Group/Section Identified Risks for Cycling/Mountain Biking:-

Hazard Observed	Risks Before Control Measures Implemented	Control Measures	Risk Rating if Controls Implemented	Control Measures to be implemented and by whom (name and date)

Adults informed of risk assessment via all of the following means:			
Adults to report newly-identified hazards at post visit meeting			
Date of next assessment:			
Assessment frequency:			
Date:		Signed:	