

Central Yorkshire Scouts – Skills4u Weekend 19th/21st September 2008.

1. Pioneering

To provide a practical, hands on session, to introduce leaders to real pioneering projects. The session to include the use of various lashings, safe use of pulley blocks, various types of anchorages and aspects of safety whilst undertaking large scale pioneering projects.

2. Backwoods Cooking

To provide a practical, hands on session, to introduce leaders to the skill of cooking without utensils using traditional and modern methods.

3. Campcraft

To set up a standing camp to enable participants the opportunity to understand, by practical participation, the correct methods of tent pitching and striking of a Patrol Tent, procedures for ventilation of sleeping tents. To introduce various ideas and examples for continuous supply of hot water and the need for hygiene in cooking areas. Introduce ideas and practical opportunities for the construction of camp furniture. The need for adequate provision for the safe storing of foodstuffs and waste disposal.

4. Clay Ovens – Haybox Cooking

Build a Clay Oven(s) which can be used by participants to cook various items

To have available the necessary materials for participants to build their own clay oven.

Demonstrate the principle of Haybox cooking

5. Adventurous Activities –

Welcome to the Expedition Arena:

Base 5a) Hands on skill: In the local area and on the campsite covering Basic Navigation (footpaths and distinct features) plus discussing Party Management of the group.

Time: 2 hours 1 instructor to 4

Base 5b) Hands on skill: Covering the same as Base 1.

Time: 2 hours 1 instructor to 4

Base 5c) Hands on skill: On the campsite covering micro navigation. That is learning about navigation in the smallest detail, being able to find a small feature by using pacing, timing or a compass.

Time: 2 hours 1 instructor to 4

Base 5d) Hands on skill: Covering the same as Base 3.

Time: 2 hours 1 instructor to 4

Base 5e) Hands on skill: Compass work: Which compass, why, how to use it.

Time: 1 hour 1 instructor to 4

Base 5f) Hands on skill: Putting up a selection of lightweight tents and emergency shelters. Which are the best types for your sort of expedition i.e. weight and cost. What the party leader needs to carry in the form of an emergency shelter.

Time: 1 hour 1 instructor to 6

Base 5g) Hands on Skill: Lightweight camping and hill walking equipment. Equipment of the party leader. Personal equipment. Young persons equipment. The base include items like drinks bottles, sleeping bags, carry mats, wet weather gear, footwear, torches etc. etc.

Time: 1 hour 1 instructor to 6

Base 5h) TBC

Base 5i) Hands on Skill : Studying a selection of maps to find areas for expedition work and hill walking in Terrain Zero. Definition of Terrain Zero. What does Route Planning entail.

Time: 1 hour 1 instructor to 4

Base 5j) Information base: Safety in Scouting

The Activity Permit Scheme which covers 131 activities. How to present your log book information, (why/format/details). What are the Definitions of Terrain 1 & 2 for hillwalking on moors, hills and mountains including the first aid requirements for the permit scheme, what first aid items should be carried by the leader and young person. All activities are effected by weather: Know your weather - basic information/sources of information/effects of weather on an activity.

Time: 1 hour 1 instructor to 6

Base 5k) Hands on Skill: Everything to do with rucksacks, different types, carrying capacity, how to pack them, how to carry them. What to use for the younger age range 10 - 14. If you have one bring your rucksack with you.

Time: 1 hour 1 instruction to 4

Base 5l) Hands on skill: Tracking signs

Information Base: Nights Away Permits & Lightweight Expedition Permits

Information Base: County Centres: What Bramhope & Aldwark have to offer. District camp sites and available district equipment.
The Glider at Sutton Bank.

Information Base: Caving in the County. Opportunities available, try on some of the equipment.

6. Backwoods and remote terrain survival

To provide a practical hands on session, for all participants, on personal safety and survival in both backwoods and remote terrain areas. Symptoms and Treatment of hypothermia, heat exhaustion and sun stroke.

7. Stoves

To provide a practical session, with hands on experience for participants, to demonstrate and use of various types of stoves used on standing & lightweight camps. Explaining by means of practical experiments the various merits of different types of fuel relative to their cost and ease of transportation & availability.

8. Basic IT Skills

Introduction to Basic Computer Skills

9. Knots and Ropes and their usage.

Lead a practical session, with participation by all candidates, on the various types of rope and knots which would ideally be used in a Scout based activity. Demonstrate, with practical participation, the need and various methods of stopping the ends of ropes.

10. Green Camping

To introduce leaders to the concept of 'sustainability and renewable energy in camp' by means of practical tasks and demonstrations.

11. How to Lead and run a Campfire

Lead a practical session, with participation by all candidates, on how to lead and run a campfire.

12. Working with Multi-faith youngsters

Lead a practical session, with participation by all candidates, on how to develop an understanding of different faiths and cultures.

13. Introduction to Short Wave Radio – Jamboree on the Air

Lead a practical session on Short Wave Radio, introduce the International Opportunities to be gained by participation with the annual Jamboree on the Air (JOTA) & Jamboree on the Web (JOTW)

14a) Dry Stone Walling & 14b) Hedge Laying

To provide a practical, hands on session, to introduce leaders to dry stone walling and hedge laying

15. Camp Furniture

To provide a practical, hands on session, to introduce leaders to the opportunities for pioneering skills to be used to construct in the useful items of camp furniture

16. Cooking Fires and various types of wood for fires

Lead a practical session on various types of fires for camp cooking and introduction to burning properties of natural woods. Practical advice on the safe use of saws/axes

17. Camp First Aid

Lead a practical session on the treatment of possible minor injuries sustained in camp

18. Teaching Skills to Younger Scouts

19. Camp Layout and obtaining and purification of safe water for drinking

To provide a practical, hands on session, to introduce leaders to the best practice for camp layout and also examine the various methods of water purification

Information Base 22nd World Scout Jamboree 2011 Sweden. TBC

Static display of tentage – Go Camping TBC